# Disease Progression in Parkinson's Disease – Evidence for Protective Effects of Drug Treatment

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# Clinical Pharmacology

Disease Progress + Drug Action

## Old Model - New Meaning

$$E = E0 + \frac{E \max \cdot Conc}{EC50 + Conc}$$

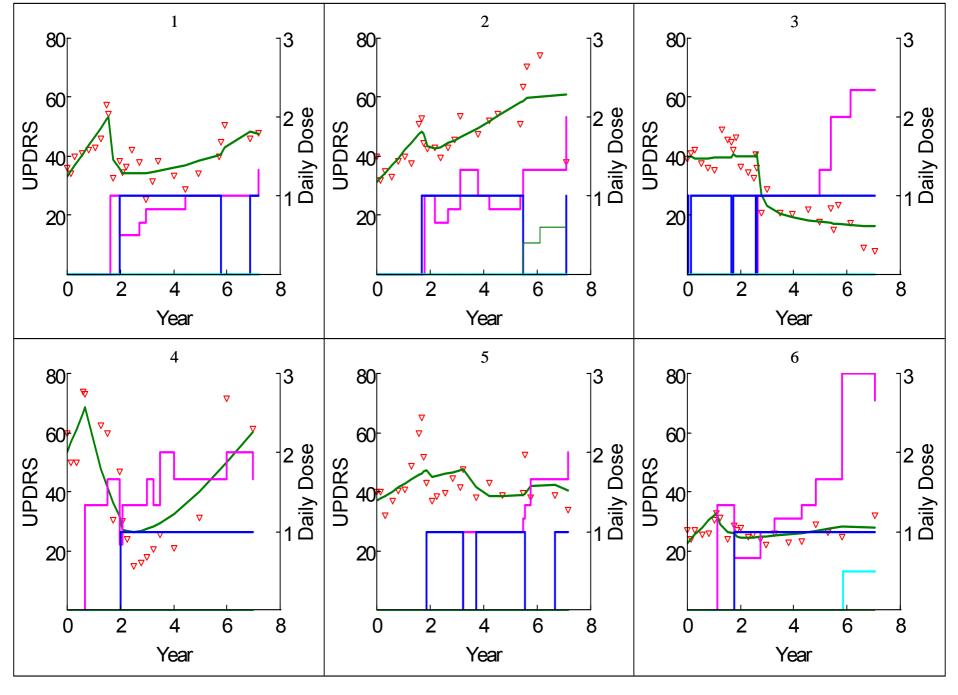
Disease Progress

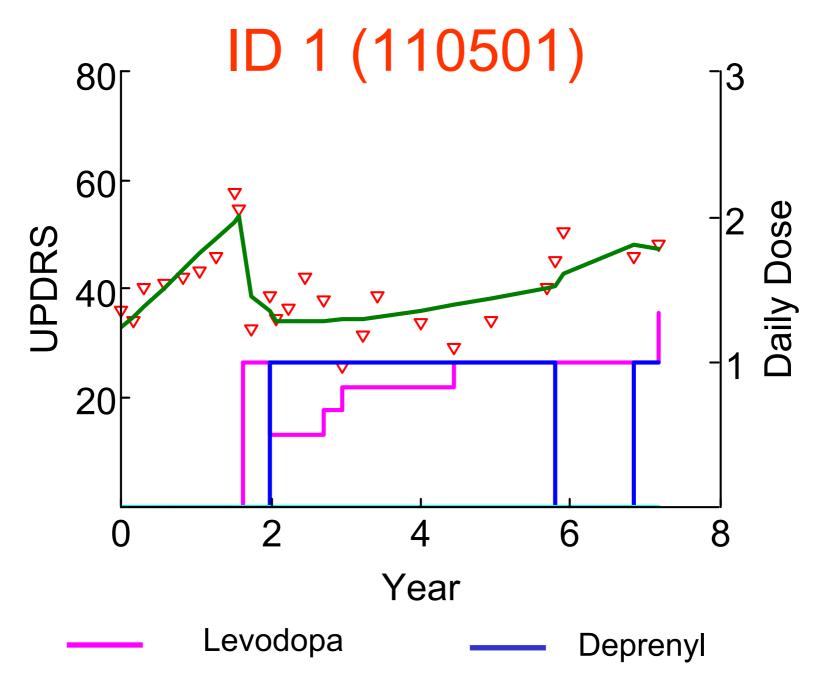
**Drug Action** 

# Parkinson Study Group DATATOP Cohort

Deprenyl and Tocopherol Antioxidative Therapy of Parkinsonism

PKPD of anti-parkinsonian treatment and Parkinson's disease over 7 years in 800 patients





# **Drug Action Symptomatic**

$$E(t) = \frac{E \max(t) \cdot Ce_{LD}(t)}{ED50 + Ce_{LD}(t)}$$

$$E \max(t) = E \max_{0} + BEML \bullet \left( 1 - \exp \left( \frac{\ln(2)}{TEML} \bullet t \right) \right)$$

CeLD(t) = Effect compartment LD 'concentration'

E(t) = Effect at daily levodopa dose LD

Emax<sub>0</sub> = Baseline Max symptomatic effect of levodopa

ED50 = LD producing 50% of Emax(t)

BEML = Emax change at steady state

TEML = Half-life of Emax change time

#### Disease Progress and Drug Action

Linear 
$$\frac{dS}{dt} = \alpha \cdot f(Rx)$$

Exponential 
$$\frac{dS}{dt} = \frac{\ln(2)}{Tprog} \cdot (Sss \cdot f(Rx) - S)$$

Gompertz 
$$\frac{dS}{dt} = \frac{\ln(2)}{Tprog \cdot f(Rx)} \cdot (Sss - S) \cdot S$$

α = Linear progression rate

Tprog = Progression 'half-life'

Sss = Asymptotic 'burnt out' steady state

#### **Protective Drug Action & Interaction**

Levodopa 
$$FPLD = \exp(KPL \bullet C_{LD}(t))$$

Deprenyl 
$$FPDP = \exp(KPD \bullet C_{DP}(t))$$

$$\theta(LD, DP) = \theta_0 \bullet FLXD \bullet FPLD \bullet FPDP$$

 $C_{LD}(t)$  = Css levodopa at time t

KPL = Levodopa protective parameter

 $C_{DP}(t)$  = Css deprenyl at time t

KPD = Deprenyl protective parameter

FLXD = Levodopa \* Deprenyl interaction

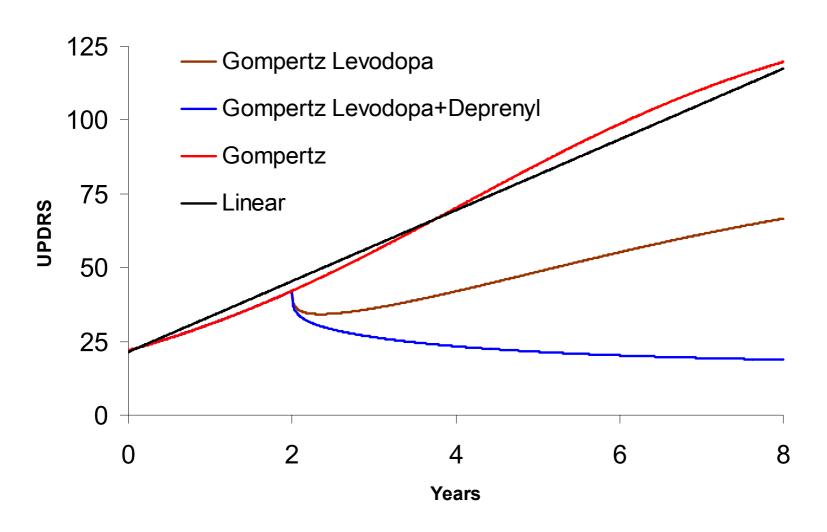
 $\theta_0$  = Untreated progression parameter

## Disease Progress Models

Progress Model	Obj	SigDig	<b>S0</b> U	<b>α</b> U/Year	Sss U	Tprog Years
Gompertz Tprog	76306	3.7	21.8	•	94	117
Gompertz Sss	76366	3	21.9	-	140	227
Linear Alpha	76638	5.9	21.4	12.1	-	-

Best model is Gompertz with Drug Action on Tprog

## Gompertz Disease Progress

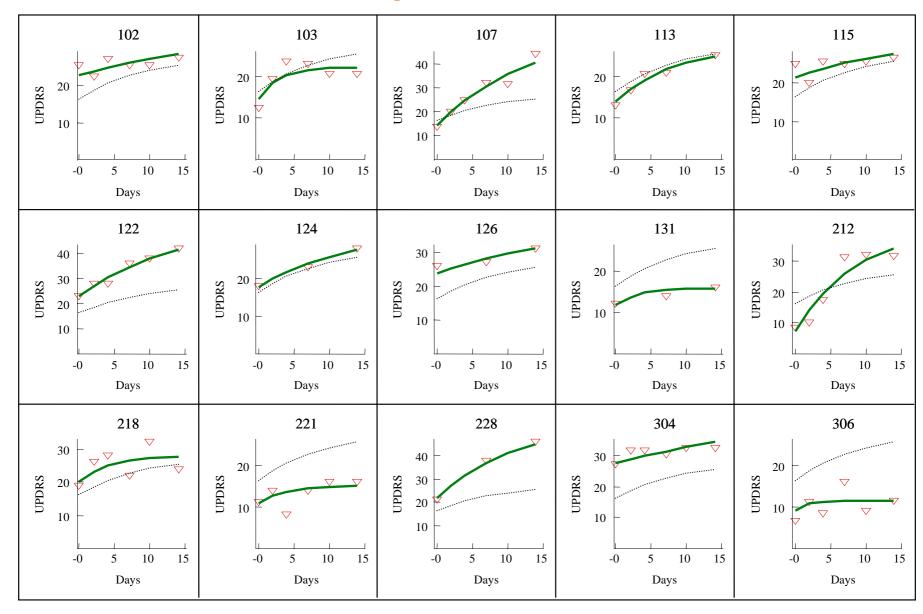


# Wash-Out Study Hauser et al.

- Washout observed for 15 days after withdrawal of Levodopa or Bromocriptine
- Some patients had previously been withdrawn from Deprenyl 2 months prior to washout
- 31 Patients Evaluated by 20 Neurologists
  - 35% (11) No Washout
  - 23% (7) Complete Washout
  - 32% (10) Incomplete Washout
  - 10% (3) Uncertain if Complete
- 20 Patients with Washout Were Modelled

Hauser RA, Holford NHG. Quantitative description of loss of clinical benefit following withdrawal of levodopa-carbidopa and bromocriptine in early Parkinson's disease. Movement Disorders 2002;17(5):961-8

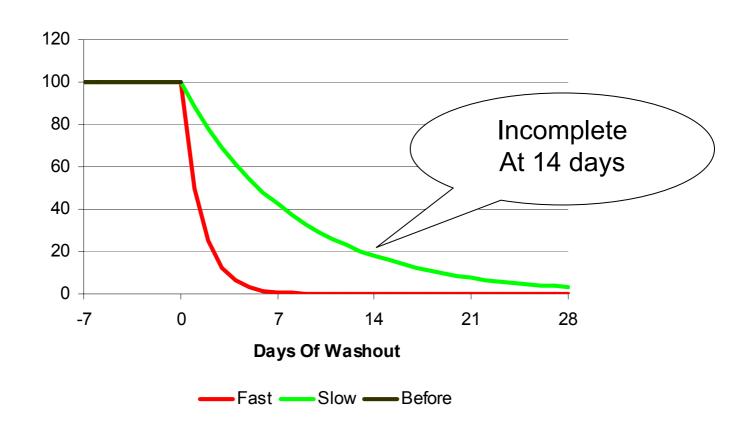
## Levodopa Washout



#### **Washout Predictions**

Fast=Complete by 2 weeks

Slow=5.65 day half-life



# **ELLDOPA Study**

ELLDOPA – Earlier vs Later L-DOPA

#### **Control**

Placebo

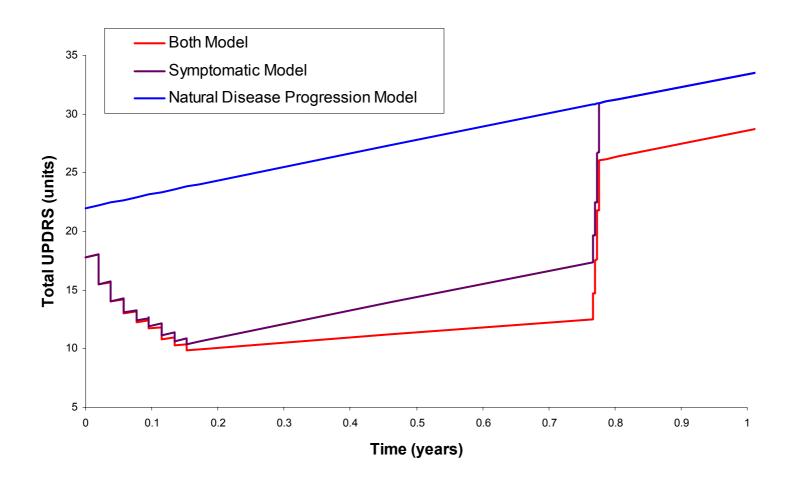
#### Levodopa

- Low dose 0.15 g/day
- Medium dose 0.3 g/day
- High dose 0.6 g/day

Group size - 90 patients per group

Fahn S. Parkinson disease, the effect of levodopa, and the ELLDOPA trial. Earlier vs Later L-DOPA. Archives of Neurology 1999;56(5):529-35

#### Predicted ELLDOPA Effects

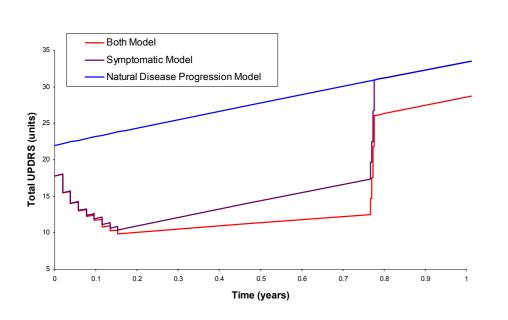


ELLDOPA assumes all symptomatic effect is washed out at 2 weeks

# ELLDOPA Power Null Hypothesis LD=Placebo α=0.05

Drug Action	Washout of symptomatic benefit	Power (%) ± SE
Symptomatic	Fast	7 ± 3
	Slow	100 ± 0
Symptomatic + Protective	Fast	86 ± 3
	Slow	100 ± 0

# Does Levodopa Affect Parkinson's Progression?



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Design - Clear

Results - Murky

Fahn S. ELLDOPA results presented at Movement Disorder Society meeting, Miami, FL, November. 2002

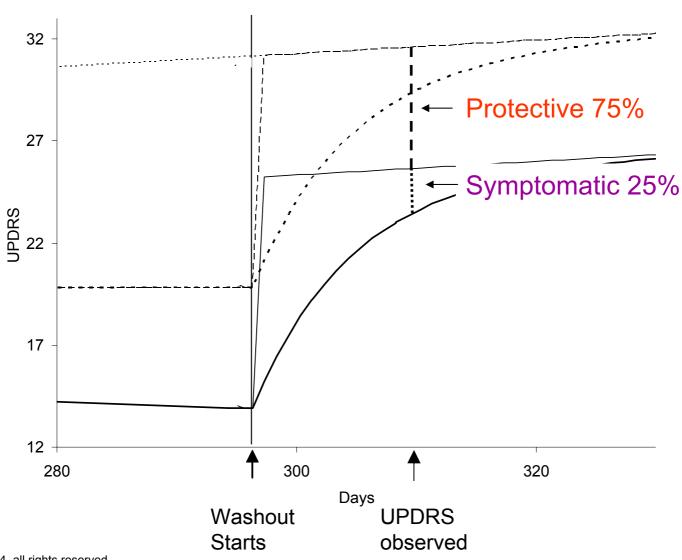
#### Predicted & Observed

#### UPDRS total Mean Difference from Placebo Reported ELLDOPA Observations 100 Simulated Trial Replications ± SD

Levodopa Protective	Low	Medium	High	
	150 mg/d	300 mg/d	600 mg/d	
Observed Primary	5.9	5.9	9.2	
Observed Secondary	5.1	5.0	7.6	
Predicted Slow Washout	5.4 ± 1.3	7.2 ± 1.6	8.7 ± 1.6	

Observed difference too big for protective effect alone?

### What Happened in ELLDOPA?



# Clinical Pharmacology and Disease Progress

- Describes changes in drug action over time
  - Emax increase in UPDRS
- Interprets clinical trial outcome
  - ELLDOPA protective + washout
- Explains clinical experience
  - Treatment becomes less effective but it's actually the disease not the drug

